

# Sources for Assistance/FYI

## UTILITIES/HOUSING/MEDICAL/OTHERS

1. Utilities Assistance in Garden Grove - Community Action partnership (714) 897-6670
2. SHARE OURSELVES [http://www.shareourselves.org/Sources for Ass](http://www.shareourselves.org/Sources%20for%20Ass)

## HEALTH SERVICES

Medical Services

Dental Services

Women's Health

Children's Services

Behavioral Health

Pharmacy Services

## COMPREHENSIVE SERVICES

Case Management

Food Pantry

Financial Assistance

Financially Fit Classes

Legal Aid

Tax Assistance

Voter Registration

## SEASONAL PROGRAMS

Back to School

Thanksgiving

Adopt A Family

3. Helping low income earners and those dealing with money issues take steps to improve their financial situation. Find important information and tips that cover a range of money matters, including; help with paying bills. <http://www.lowincomefinancialhelp.com/>
4. Home Energy Assistance Program (HEAP) provides a direct payment to an eligible client's utility bill to help offset the cost of heating or cooling their home. Weatherization provides free energy efficiency upgrades to the dwellings of low- income families to lower their monthly utility bills. Energy Crisis Intervention Program (ECIP) provides assistance to low-income households that are in a crisis situation. Examples include a household that has received a 24- or 48-hour disconnect notice or service termination by their utility company or an energy-related crisis of life-threatening emergency exists in the applicant's household. <http://freegovernmentappliances.com/tag/california/>
5. Orange County California assistance programs. Funds to prevent an eviction and provide help with bills, mortgage, debts. [http://www.needhelppayingbills.com/html/orange\\_county\\_assistance\\_progr.html](http://www.needhelppayingbills.com/html/orange_county_assistance_progr.html)
6. Housing Assistance-Section 8 program <https://www.singlemotherhelp.org/housing-assistance/low-income-housing/102-housing-assistance-for-low-income-families.html>
7. Free Mattress <https://www.ashleyfurniturehomestore.com/a-hope-to-dream>
8. CARE and FERA provide a monthly discount on electric rates for low income household relief. [https://www.sce.com/wps/portal/home/residential/assistance/care-fera/energy-assistance-fund!/ut/p/b1/jdBLc4IwEAfwz-KBo2QDamlvoSqGwVpKH8ilE2l4dDBhkuiMfvrGjpe-u7fs\\_DbZf1CBclQItm9rZlopWHc6F5NnHERkQTOgkIUjoGEMaYBv8fjBs2BtAfxQBP6aj\\_\\_xgKeW18saFT0zzbAVIUQ5F1zVhyHTutWGiZIPq514QU-o-HhfNMdToPEjzhKYwmgOX8DdhXcCs2QVYg8C7wwuI5gt4pUF96kP1E\\_hJiPEB5icwS-Rbaa6k5v371sTsfEDu7ziFVdCuTtl240xvb5ywAHNmSob98AaKd1Sbh34bqiR2qD8s0X9Nj8mVUZfx90-IYPBG6fpG2o!/dl4/d5/L2dBISevZ0FBIS9nQSEh/?from=08campaign?from=/residential/income-qualified/eaf/apply-for-eaf.htm?from=08campaign](https://www.sce.com/wps/portal/home/residential/assistance/care-fera/energy-assistance-fund!/ut/p/b1/jdBLc4IwEAfwz-KBo2QDamlvoSqGwVpKH8ilE2l4dDBhkuiMfvrGjpe-u7fs_DbZf1CBclQItm9rZlopWHc6F5NnHERkQTOgkIUjoGEMaYBv8fjBs2BtAfxQBP6aj__xgKeW18saFT0zzbAVIUQ5F1zVhyHTutWGiZIPq514QU-o-HhfNMdToPEjzhKYwmgOX8DdhXcCs2QVYg8C7wwuI5gt4pUF96kP1E_hJiPEB5icwS-Rbaa6k5v371sTsfEDu7ziFVdCuTtl240xvb5ywAHNmSob98AaKd1Sbh34bqiR2qD8s0X9Nj8mVUZfx90-IYPBG6fpG2o!/dl4/d5/L2dBISevZ0FBIS9nQSEh/?from=08campaign?from=/residential/income-qualified/eaf/apply-for-eaf.htm?from=08campaign)
9. Free Cell phone Program <https://www.safelinkca.com/TracFoneWeb/en/index2.html#/>
10. Help Me Grow is available to all parents in Orange County who are interested in connecting with resources to enhance their child's development. If you are concerned about your child's development, behavior or learning. <http://www.helpmegrowoc.org/contact-us.html>
11. MOMS Orange County - Help mothers and their families have healthy babies they provide health coordination, education and access to community services. MOMS

provides free classes for pregnant ladies. They have a child development class, lactation class, labor and delivery class, and they also have classes for babies from 3 months up to 17 months. They also have a class for daddies. <http://www.momsorangecounty.org/>

12. 211 Information <http://ocpartnership.net/content/History.html>

13. Homeless services/Shelters -<http://ocgov.com/services/homeless> <http://www.homelesshelterdirectory.org/cgi-bin/id/county.cgi?county=Orange-County&state=CA>

14. Free Gas for you car <http://grantsforsinglemother.org/did-you-know-you-can-get-free-gas-for-your-car/>

## **PETS**

1. Animal Shelters <http://ocpetinfo.com/lost/shelters>

2. Clinics <http://ocpetinfo.com/license/clinic>

3. OC Humane Society <http://ochumanesociety.com/ochs-partners/low-cost-vaccines-spay-neuter.html>

## **LEGAL HELP**

1. <http://www.courts.ca.gov/selfhelp-lowcosthelp.htm>

2. <http://www.lawhelpcalifornia.org/>

## **EDUCATION**

1. Education assistance for you/your kids homework or different subjects you need help/information (You do have to sign up) <https://www.khanacademy.org/>

2. Child Care Assistance

<http://www.ocde.us/childcareservices/Pages/default.aspx>

<http://bos.ocgov.com/childcare/financial.asp>

<http://www.chs-ca.org/child-care/ccrrp>

## **FOOD**

1. Directory of Food Banks, Soup Kitchens, and non-profit organizations (you can search by city) <http://www.foodpantries.org/>

2. The Crossing Church - 19th St Costa Mesa. Someone Cares Soup Kitchen 19th Costa Mesa . Both Feed and Can get and clothes. Food, etc. <http://www.thecrossing.com/hungry>

3. South County Outreach - (Food Pantry hours are Monday, Wednesday, Thursday, Friday 9 a.m.-3:30 p.m.; Tuesday 12:30-3:30 p.m.) To receive Food Pantry services, clients must provide the following documentation: \*Photo ID for all of the adults in the home (e.g. driver's license, passport, ID card). \*Identification for all other household members (e.g. identification card, school ID, birth certificate, Social Security card, passport, etc.). \*Proof of address (utility bill, phone bill, etc., with name, address and a date on the document.) \*Verification of all household income, if applicable (e.g. cash aid, food stamps, child support, pay stub, EDD check stub, Social Security award letter, etc.). \*Clients are able to visit the Food Pantry once a month. <http://www.sco-oc.org/about/>

4. The Society of St. Vincent de Paul in Orange County [http://www.svdpoc.org/wsh\\_list.html](http://www.svdpoc.org/wsh_list.html)

5. PANTRIES IN ORANGE COUNTY – available to needy/low income families who live in the immediate area. Registration required – contact pantry nearest you.<http://www.rcocdd.com/about-rcoc/help-for-other-needs/food-banks-and-pantries-in-orange-county/>

<http://www.foodfinders.org/recipient-agencies/>

Abrazar, Inc. -7101 Wyoming St. Westminster, CA 92683 /714-893-3581 / Food distribution: Friday 9:00am-12:00 pm

Anaheim Downtown Community Center - 250 E. Center St. Anaheim, CA 92805 / 714-765-4500 / Food Distribution: Call Monday-Friday 8:00 am – 5:00pm

EV Free Fullerton (Good Samaritan Center) - 2801 Brea Blvd. Fullerton, CA 92835 / 714-529-5544 / Food Distribution: Monday-Friday 4:15 pm-5:15 pm / Community referral available on Thursdays

Family Assistance Ministries - 929 Calle Negocio, Ste. G, San Clemente, CA 92673 / 949-492-8477 / Food Distribution: Mondays 9:00am-6:00pm; Tuesday-Thursday, 9:00am-3:00pm; Friday 9:00am-12:00pm

Families Forward - 9221 Irvine Blvd. Irvine, CA 92618 / 949-552-2727 / Families Forward provides bags of food, school supplies, career counseling. Call for information and food distribution dates.

Friendly Center - 147 W. Rose Ave., Orange, CA 92867 / 714-771-5300 / Friendly Center provides food box, tutoring for youth, senior services, family counseling, housing. Call for more information and food distribution dates.

Fullerton Interfaith Emergency - 611 S. Ford Ave., Fullerton, CA 92832 / 714-738-0255 /  
Food Distribution: Monday-Friday, 1:00 pm to 4:00 pm

Knott Avenue Church - 315 S. Knott Ave., Anaheim, CA 92804 / 714-527-5195 /  
Distribution: Monday and Thursday 1:30pm to 3:30 pm /Community referrals available  
on Thursdays during the food distribution.

Main Place Christian Fellowship - 1631 El Camino Real, Apt. 1, Tustin, CA 92780 /  
714-505-1734 / 1190 N. Tustin St. Orange, CA 714-744-4263 / \*\*Both sites: Call for  
food distribution dates and time\*\*

The Gary Center - 341 S. Hillcrest St., La Habra, CA 90631 / 562-691-3263 / Food  
Distribution: Friday, 9:00am to 11:00am. Call for information to qualify for.

The Neighborhood Church - 2147 Oak Street, Santa Ana, CA 92705 / Wed, NOON /  
714-545-1095 / Monday and Thursday, 1:30pm to 3:30pm / Community referrals  
available on Thursdays during the food distribution.

Share Our Selves (SOS) - 1550 Superior Ave., Costa Mesa, CA 92627 / 949-642-3451 /  
SOS provides food box, emergency funds, clothing and counseling. Call for more  
information and food distribution dates.

Southwest Community Center (SMEDA) - 1601 W. 2nd Street, Santa Ana, CA 92703 /  
Food Bag Distribution: Monday & Wednesday 10:00 am – 12:00pm; Saturday: 10:00  
am-11:00 am / Food Bags (Every 2 Months) / Senior Citizens “Brown Bags” (Every  
Month) / Homeless Food Bags (Every 2 Weeks) / Saturday Fruit/Vegetables Bags (Every  
2 Weeks)

Tustin Family Youth Center - 14722 Newport Ave., Tustin, CA 92780 / 714-573-3370

Tustin Family Senior Center - 200 S. C Street, Tustin, CA 92780 / 714-573-3340 /  
\*\*\*Both sites: Food Distribution third Tuesday of every month 1:00-2:00 pm\*\*\*/  
Community referrals available during distribution

Yorba Linda Friends Church - 5211 Lakeview Ave., Yorba Linda, CA 92886 /  
714-777-2875 / Available for walk-ups Mondays night, 7:00pm-8:45pm, / Tuesday and  
Thursday 1:00pm-3:00pm, / and the 1st and 3rd Wednesday 7:30pm-8:30pm for families  
in crisis.

## **MEALS**

Someone Cares - 720 W. 19th Street, Costa Mesa, CA 92627 / Hot meal served every day,  
no eligibility requirement. Opens at 12:30, lunch served from 1-4pm daily.

Southwest Community Center (SMEDA) - 1601 W. 2nd Street, Santa Ana, CA 92703 /  
Hot meals: Breakfast Monday-Sunday: 8:00 a.m. / Lunch: Monday-Saturday 12: noon;  
Sunday: 1:00pm / Dinner: Saturday: 4:00 pm.

## **FOOD BANKS**

*Second Harvest Food Bank* - <http://feedoc.org/>

Services: Mobile Pantry, Groceries for Seniors, After School and Summer Meals for Kids and CalFresh Assistance (\*\*CalFresh Assistance only\*\*) Please bring the following documents with you in order to prevent any delays in your application ID for all adults, Proof of income for previous month, Social Security numbers (not cards), Proof of living expenses such as rent, utilities, phone, childcare, and medical costs (these will help you receive more money in benefits but is not required) FYI: \*\*\*Monthly Income Limits:\*\* 1= \$1,946, 2= \$2,622, 3= \$3,300, 4= \$3,976, 5= \$4,652

*OC Food Bank* - <http://ocfoodbank.org/>

Services: Food for Seniors Program, Food Stamp Outreach (aka CalFresh), Emergency Food Assistance Program, and Emergency Food and Shelter Program